

DRAFT CLINICAL SCENARIO PEDIATRIC MENTAL AND BEHAVIORAL HEALTH: ANXIETY
SEPTEMBER 13, 2022

ICD-10 Codes for Anxiety

ICD-10 Code	Code Description
F40.10	Social phobia, unspecified
F41.0	Panic disorder [episodic paroxysmal anxiety]
F41.1	Generalized anxiety disorder
F41.8	Other specified anxiety disorders
F41.9	Anxiety disorder, unspecified
F42.9	Obsessive-compulsive disorder, unspecified
F43.20	Adjustment disorder, unspecified
F43.21	Adjustment disorder with depressed mood
F43.22	Adjustment disorder with anxiety
F43.23	Adjustment disorder with mixed anxiety and depressed mood
F43.9	Reaction to severe stress, unspecified

1 New/Assessment Visit at Zero Cost Sharing:

Visit Type	CPT Codes	Service Type	Specialty	Description	Modality
New	99201, 99202, 99203, 99204, 99205	Primary Care	Internal Medicine/Infectious Disease/Family Medicine/Gynecology	New medical visit	In-person
New	90791, 90792, 96127	Mental Health	Behavioral Health/Psychiatry	New patient, screening/assessment	In-person
New	90791, 90792	Mental Health	Behavioral Health/Psychiatry	New patient, screening/assessment	Phone/audio
New	90791, 90792	Mental Health	Behavioral Health/Psychiatry	New patient, screening/assessment	Video

2 Visits for Management at Zero Cost Sharing:

Visit Type	CPT Codes	Service Type	Specialty	Description	Modality
Follow-up	90832, 90834, 90837, 90833, 90836, 90838, 99211, 99212, 99213, 99214, 99215, 99354, 99355	Mental Health	Behavioral Health/Psychiatry	Medication management	In-person
Follow-up	99211, 99212, 99213, 99214, 99215	Primary Care	Internal Medicine/Infectious Disease/Family Medicine/Gynecology	Medication management	In-person

Visit Type	CPT Codes	Service Type	Specialty	Description	Modality
Follow-up	99211, 99212, 99213, 99214, 99215	Primary Care	Internal Medicine/Infectious Disease/Family Medicine/Gynecology	Medication management	Phone/audio
Follow-up	99211, 99212, 99213, 99214, 99215	Primary Care	Internal Medicine/Infectious Disease/Family Medicine/Gynecology	Medication management	Video
New or Follow-up	90839, 90840	Mental Health	Behavioral Health/Psychiatry	Psychotherapy crisis	In-person

20 Follow-up Visits at Zero Cost Sharing:

Visit Type	CPT Codes	Service Type	Specialty	Description	Modality
Follow-up	90832, 90834, 90837	Mental Health	Behavioral Health/Psychiatry	Individual	In-person
Follow-up	90832, 90834, 90837	Mental Health	Behavioral Health/Psychiatry	Individual	Phone/audio
Follow-up	90832, 90834, 90837	Mental Health	Behavioral Health/Psychiatry	Individual	Video
Follow-up	90846, 90847	Mental Health	Behavioral Health/Psychiatry	Family	In-person
Follow-up	90853	Mental Health	Behavioral Health/Psychiatry	Group	In-person
Follow-up	90853	Mental Health	Behavioral Health/Psychiatry	Group	Video

Medications for Treatment of Anxiety Covered at Zero Cost Sharing:

SSRIs
SNRIs
Cyclic antidepressants (e.g., mirtazapine)
Anticonvulsants (e.g., gabapentin, Klonopin)
Anxiolytics (e.g., benzodiazepines, beta blockers)
Hydroxyzine HCl