

### District of Columbia Health Benefit Exchange Authority Executive Board Insurance Market Working Committee Meeting

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Tammy Tomczyk, FSA, MAAA, FCA

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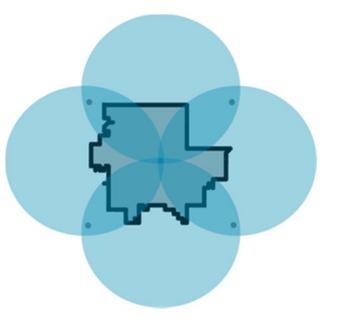
## 1 Network Evaluation Tool

#### Background on Oliver Wyman Network Evaluation Tool

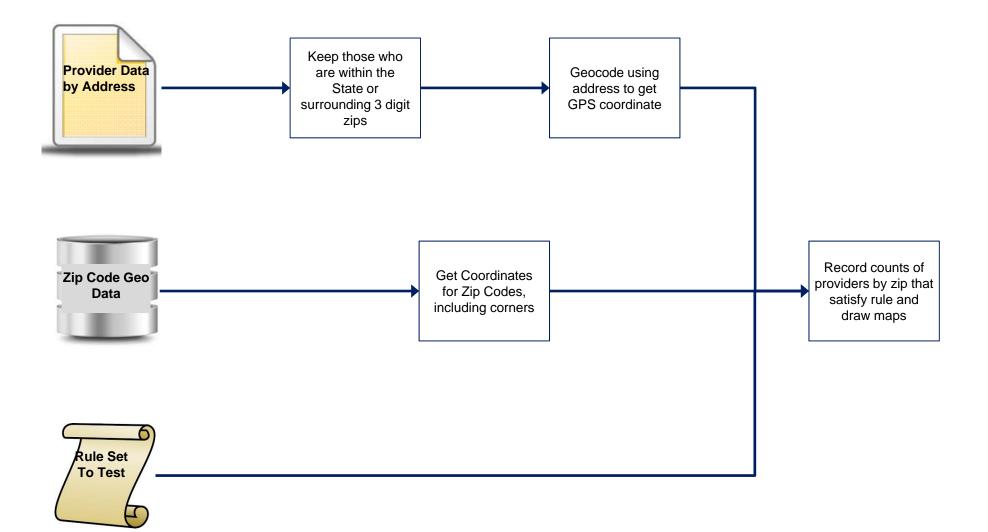
- With the implementation of the ACA:
  - Some carriers have begun contracting more aggressively with fewer providers in order to reduce costs/premiums
  - More provider networks are being designed with a combination of fewer hospitals/physicians in limited geographic areas
- A regulatory client wanted to enforce rules for network adequacy within the state
  - Carriers need to have certain provider types within a specified driving time and distance for its subscribers
  - Helps make sure that narrow networks aren't too narrow and that members have access to needed care without unreasonable delay
    - A minutes or B miles for primary care, OB-GYN and general hospital care for urban
    - C minutes or D miles for primary care, OB-GYN and general hospital care for rural
    - W minutes or X miles for specialist in urban
    - Y minutes or Z miles for specialist in rural

#### **Overview of Oliver Wyman Network Evaluation Tool**

- Uses Zip Code Tabulation Areas to determine if distance requirements are satisfied
- Distance requirements are tested in the 'corners' of zips
  - More difficult to pass than centroid approach
  - In oddly shaped zips, may be too stringent
  - Zips cross county lines
- Evaluates each specialty within the provider template according to different distance requirements within each county
  - Can test specialties that have a required ratio of providers to enrollees
  - Urban and Rural counties can be tested under different distance requirements
- Can create maps by carrier and provider type
  - Use Topologically Integrated Geographic Encoding Reference (TIGER) shape files from the US Census bureau
  - Interpret and draw the maps using SAS based on TIGER shapes and GPS coordinates



#### **Process for Testing Networks**



#### Fictitious Example of Mapping Results

PCP - Inadequate Pass or Fail Adequate Inadequate Cardiovascular Disease - Adequate



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#### **Challenges and Limitations**

- Drawing maps
  - SAS built in procedures for drawing maps are not well developed, so some manual work involved
- False failures
  - Using the 'corners' of a zip tests areas outside of zip codes
- Parsing Addresses
  - Getting an address into the proper form for SAS geocoding
    - XXX [N/S/E/W] StreetName StreetSuffix
    - Some manual work and validation of results required
- Validating provider types
  - Physician group practices do not list specialty types in NPI data
  - Rely on carrier information on specialty type
- Driving time wording of rules
  - e.g., 30 minutes or 30 miles for primary care, OB-GYN and general hospital care for rural
    - Difficult to push back on driving time
- Definition of provider
  - Psychiatric hospitals are not well defined

# 2 Rate Review

#### Oliver Wyman Rate Review and Related Experience

- Currently perform or assist with rate and/or benefit reviews at various levels in several states
  - Work directly for the State
    - Hawaii, Illinois, Maine, Massachusetts, North Carolina, Vermont, District of Columbia
  - Work for CCIIO assisting in the review of rates in states that do not have an effective rate review program
    - Alabama, Missouri, Oklahoma, Texas, Wyoming
- Work varies by state
  - In some states we are the primary reviewer of rates on behalf of the state and perform very detailed reviews
  - In other states we have developed effective rate review programs and other rate review tools that individuals at the state, usually actuaries or other analysts, use to perform the reviews
    - Also assist with some aspects of reviews
- Exchange vs. Department of Insurance as clients
  - In most states our client is the Department of Insurance or other regulator tasked with rate approval authority
  - Some of the reviews we perform are tasks the Exchange is responsible for, but has deferred to or requested assistance from the regulator

#### ACA Rate Review – Primary Reviewer

- Similar to work performed for DC HBX
- Review all components of the rate development
  - Review all elements required to be reviewed under an effective rate review program (45 CFR 154)
  - Evaluation of key assumptions (trend, actuarial pricing values, etc.)
    - Level varies by state e.g., in some states we independently calculate actuarial values using our pricing model while in others the values are reviewed for reasonableness
  - Ensure methodology is consistent with ACA requirements (e.g., index rate developed from single risk pool, only allowable adjustments applied)
  - Check for compliance with standard actuarial practice
  - Check for mathematical errors
- Communication with carriers
  - In some states we communicate directly with the carriers to obtain additional information and clarification while in others we draft objections for the state to pose to the carriers
- Final work product varies by state
  - In some states we produce a brief 3-4 page opinion letter while in others we produce lengthy reports and testify at required rate hearings

#### ACA Effective Rate Review Programs

- Designed effective rate review programs for several states
  - Typically states where we are not the primary reviewer and state staff perform the reviews
- Services provided
  - Developed actuarial memorandum requirements
  - Developed checklists of required information
  - Developed a rate review training manual
    - Step by step review of components of rate development
    - Benchmarks and guidelines for state reviewers to use
    - Used by state to train new staff and ensure consistency across reviewers
  - Developed templates and corresponding rate review tools for state actuaries to use in their review to increase efficiency and ensure consistency in review across carriers
    - Trend analysis tool
    - Rate review dashboard with comparison reports to summarize information and highlight discrepancies between state templates/URRT/SHCE
    - Tool to compare information in current filing with prior filing
    - Tool to compare statistics across carriers
  - Provided staff training
  - Carrier engagement meetings on new rate filing requirements

#### ACA Benefit Reviews

- Assist with various aspects of reviewing benefit filings
  - Metal Actuarial Value / Unique Plan Designs
    - Ensure each plan meets the required actuarial value and any adjustments to the AV Calculator are reasonable and actuarially supported, with the appropriate actuarial certification
  - Cost Sharing Reduction (CSR) plans
    - Ensure that benefits for each CSR level meet requirements that cost sharing cannot increase for any service as CSR level increases (i.e. trade-offs are not allowed)
    - Ensure CSR specific OOP maximums and maximums on stated services are not exceeded
  - Meaningful difference testing
    - Typically see states with state based exchanges applying the same requirements as the Federal Marketplace
  - Non-Discriminatory benefit testing
  - Essential Health Benefits (EHBs)
    - Ensure that benefit substitutions (where allowed) are actuarially equivalent
    - Ensure all EHBs are included/covered
- Reviews are typically performed in advance of the rate filing as changes to benefits may lead to changes in rates

#### Other Reviews and Assistance

- Standard Benefit Packages
  - Some states develop standard benefit plans that all carriers must offer which allows consumers to compare price on "apples to apples" benefits
  - Carriers can usually offer additional non-standard plans
- Planning for Rate Studies
  - Some states are starting to plan for longitudinal and other studies once data is available
  - Benchmarking dashboards
  - Studies of rate increases inside vs. outside the exchange, affordability, etc.
- Consumer Shopping Tools Being Considered
  - Similar to Medicare Plan Finder
  - Consumers answer questions tool estimates expected total costs (premium plus OOP cost sharing), or queries plans based on criteria (e.g. quality rating, HSA eligible, etc.)
- Modeling for Policy Decisions
  - Merge individual and small group markets
  - Closed markets (all sales through the exchange)
  - Composite rating exception to federal requirement and establishment of tier ratios
  - Analysis for establishing state based AV Calculators, age curves, geographic regions

